

# *Finisher Certificate*

## **Ron Manners**

*Completed the 5K at the 2023 Run For Your Life in*

# **31:22.3**



**October 22, 2023**

Overall: 77/233

Bib No: 117

Div Place: 10/17

Division: M40-44

Sex Place: 46/114

Pace: 10:06.0