

# *Finisher Certificate*

## **Helen Blackshear**

*Completed the 5K at the 2023 Tillamook YMCA Milk Run in*

# **32:32.8**



**June 24, 2023**

Overall: 29/133

Div Place: 2/2

Sex Place: 11/32

Bib No: 108

Division: F19-30

Pace: 10:29.0