## Finisher Pertificate Helen Blackshear

Completed the 5K at the 2023 Tillamook YMCA Milk Run in

32:32.8



June 24, 2023

Overall: 29/133 Bib No: 108

Div Place: 2/2 Division: F19-30

Sex Place: 11/32 Pace: 10:29.0