

# *Finisher Certificate*

## **Ron Deems**

*Completed the 5K at the 2023 Crush Cancer in*

# **23:49.7**



**May 20, 2023**

Overall: 1/182

Div Place: 1/13

Sex Place: 1/42

Bib No: 43

Division: M60-69

Pace: 7:41.0