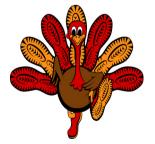


Completed the 5K at the 2023 COCC Turkey Trot in

29:50.9



November 4, 2023

Overall:	41/117	Bib No:	36
Div Place:	6/24	Division:	F40-49
Sex Place:	18/83	Pace:	9:37.0