

Completed the 5K at the 2023 Run For The Shamrock in

37:38.7



March 11, 2023

| Overall: | 83/222 | Bib No: | 1935 |
|------------|--------|-----------|---------|
| Div Place: | 3/6 | Division: | F30-34 |
| Sex Place: | 38/105 | Pace: | 12:07.0 |