## Finisher Pertificate Sarah Howarth

Completed the 5K at the 2023 Run For The Shamrock in

49:16.5



## March 11, 2023

 Overall:
 106/222
 Bib No:
 1893

 Div Place:
 11/14
 Division:
 F40-44

 Sex Place:
 58/105
 Pace:
 15:52.0