

# *Finisher Certificate*

## **Sarah Howarth**

*Completed the 5K at the 2023 Run For The Shamrock in*

# **49:16.5**



**March 11, 2023**

Overall: 106/222

Bib No: 1893

Div Place: 11/14

Division: F40-44

Sex Place: 58/105

Pace: 15:52.0