

# *Finisher Certificate* **Heather Decker**

*Completed the 5K at the 2023 Run For The Shamrock in*

**40:23.9**



**March 11, 2023**

Overall: 89/222

Bib No: 1860

Div Place: 7/14

Division: F40-44

Sex Place: 42/105

Pace: 13:01.0