

Completed the 5K at the 2023 Run For Your Life in

1:10:19.1



October 22, 2023

| Overall: | 226/233 | Bib No: | 186 |
|------------|---------|-----------|---------|
| Div Place: | 6/9 | Division: | M30-34 |
| Sex Place: | 99/114 | Pace: | 22:38.0 |