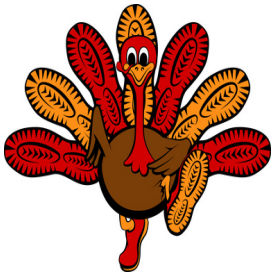


Finisher Certificate

Ron Deems

Completed the 5K at the 2023 COCC Turkey Trot in

23:12.5



November 4, 2023

Overall: 14/117

Bib No: 16

Div Place: 1/3

Division: M60-69

Sex Place: 10/54

Pace: 7:29.0