

# *Finisher Certificate*

## **Tammy Ashdown**

*Completed the 5K at the 2023 Lilly's Lope For Hope in*

# **54:04.0**



**October 21, 2023**

Overall: 98/121

Div Place: 0/0

Bib No: 103

Division:

Pace: 17:25.0